



Family-Child Resources, Inc. Services Matrix

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Programs for Parents	Description	Location	Eligibility	Cost	Contact Information
Becoming a Love & Logic Parent	16-hour course to help parents raise responsible children and reduce stress.	Schools, FCR, Community	Resident of York County with a child under 18 years.	No Cost to Participant .	Kathy Petry 757-1227 ext 254 kpetry@f-cr.com
Parenting Solutions	16-hour child management course.	Schools, FCR, Community	Resident of York County with a child under 18 years.	No Cost to Participant .	Kathy Petry 757-1227 ext 254 kpetry@f-cr.com
Parenting Infants	Six (6) two-hour programs that can be taken alone or in combination. Special two session series for teen parents.	Doctor's offices, Schools, FCR, Community	Resident of York County pregnant, or with infant birth to 12 months of age.	No Cost to Participant .	Kathy Petry 757-1227 ext 254 kpetry@f-cr.com
Kids First	4-hour workshop for co-parents to learn how separation, divorce and custody conflict affects children.	FCR, Hanover	Public at large. Meets court-ordered requirement. Do not have to be court-ordered.	\$60	Receptionist 757-1227
Cooperative Parenting & Divorce	16-hour course for co-parents looking for more help in forging a positive co-parenting relationship and reducing conflict.	FCR	Public at large. Meets court-ordered requirement. Do not have to be court-ordered.	\$300	Receptionist 757-1227
Guiding Good Choices	10-hour program teaching parents how to reduce the risk that their children will develop drug problems. This program defines "drugs" as alcohol, all forms of tobacco, inhalants, and all legal and illegal drugs.	Schools, FCR, Community	Resident of York or Adams County - Families with a child ages 9 to 14 years.	No Cost to Participant .	Marie Bell 757-1227 ext 256 mbell@f-cr.com
Parenting Helpline	Confidential help to answer parenting questions. Parents leave a message and a return call is made by a parenting specialist. Available 24 hours.	FCR	Public at large.	No Cost to Participant .	717-600-1166 or 866-600-1166
In-home Parenting of Infants	Home visits by a parenting specialist to first time parents of infants ages birth to 12 months. Specialize in visits to teen parents. Can include infant massage training	Home	Resident of York County with an infant birth to 12 months.	No Cost to Participant .	Kathy Petry 757-1227 ext 254 kpetry@f-cr.com

Programs for Children	Description	Location	Eligibility	Cost	Contact Information
Early Intervention Services	Specialized therapy services for children who have or are at risk for developmental delays. Includes: developmental therapy, physical therapy, occupational therapy, speech therapy, feeding services, nutrition services, behavior services, and infant massage. After evaluation, ask for FCR.	Home and Community Visits	Resident of York or Adams Counties - Families with an eligible child ages birth to 3 years. After evaluation, ask for FCR.	No Cost to Participant . After evaluation, ask for FCR.	Jane Resh 757-1227 jresh@f-cr.com
Kids' Group	Support group for children experiencing loss and change in their lives in areas of moving, divorce and separation, illness, the death of a loved one, and more.	Schools, FCR, Community	Resident of York County ages 5 to 17.	No Cost to Participant .	Melanie McCamant 757-1227 ext 429 mmccamant@f-cr.com

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Programs for Children	Description	Location	Eligibility	Cost	Contact Information
Club/Camp Ophelia	10-week program or camp for middle school girls talking about girl bullying issues, utilizing high school girls acting as mentors.	Schools and Community	Resident of York or Adams County - Girls grades 6 to 8. Mentors are girls grades 10 to 12.	No Cost to Participant .	Marie Bell 757-1227 ext 256 mbell@f-cr.com
Social Skills Anger Reduction Groups (SSARG)	10-session program for youth to examine their anger behaviors and develop appropriate behaviors and social skills.	FCR, Spring Grove Community Center	Youth referred by York County Children & Youth, Juvenile Probation Services, or Youth Aid Panels.	No Cost to Participant .	Kathy Petry 757-1227 ext 254 kpetry@f-cr.com
Too Good For Drugs	10-session model program designed to build five essential life skills: goal setting, decision making social skills, identifying and managing emotions, and effective communication.	Schools, FCR, Community	Resident of York or Adams County –Youth grades 5 to 12.	No Cost to Participant.	Marie Bell 757-1227 ext 256 mbell@f-cr.com

Programs for Families	Description	Location	Eligibility	Cost	Contact Information
Strengthening Families (Middle School and High School)	A program to enhance family functioning and communication. Includes an evening meal and incentives. Excellent program to address behavior problems, truancy issues, and school performance.	Schools and Community	Resident of York or Adams County - Families with a child ages 10 to 18 years.	No Cost to Participant .	Marie Bell 757-1227 ext 256 mbell@f-cr.com
Aftercare Triage Program	Delinquent youths who are placed in residential facilities (and their families) receive services from a team consisting of a probation officer, a family interventionist, and a community liasion who work together to facilitate successful reintegration back to home and into the community.	Home and community	Services for youth ages 10 to 18 and their families. Client must be on probation and referred by York County Juvenile Probation.	No Cost to Participant .	Contact JPO - <i>Probation Officer must recommend client to program</i>

Other Services	Description	Location	Eligibility	Cost	Contact Information
Counseling	Individual, couples, and family counseling by licensed psychologists, professional counselors, and social workers. Experience in child, parenting and family issues.	FCR	Public at large.	Private pay. M any insurances are accepted. We cannot serve medical assistance clients.	Receptionist 757-1227